

**FEBRUARY 2006**



**FAMILY SUPPORT CENTER  
PERSONAL FINANCIAL MANAGEMENT PROGRAM  
WORKSHOPS  
BLDG 150  
777-4681  
CALL 777-4681 to SIGN UP**

**These workshops are open to all military and civilian personnel at Hill Air Force base.**

1 FEB – 1130 – 1230 & 1645-1745 - WOMEN, INFANTS, AND CHILDREN (WIC) - If you are pregnant or have an infant or child under five, you may qualify for this nutrition program.

7 FEB - 1645-1745 – GETTING OUT OF DEBT/AVOIDING PAYDAY LOANS  
Are you one of the millions who are digging themselves into money trouble through the use of consumer credit? Are you trying to recover from a financial setback, a loss of income or an unexpected expense, that is leaving you with an unsure financial future? Are you getting by from month to month by building your debt instead of your savings? Then this workshop is for you. Come join us for some tips on how to reverse this vicious cycle.

8 FEB – 1645-1745 - IDENTITY THEFT - Identity theft is a serious crime. Identity theft occurs when someone utilizes your personal information without your permission. There are steps you can take to minimize your risk. Join this workshop and learn how to avoid identity theft.

9 FEB – 1645-1745 – BUDGETING 101 – Whether you're supporting yourself for the first time or you've supported a family for years, one can learn good budgeting skills. Learn about budgeting your money and take control of your financial future.

If you have any questions or concerns contact  
Pat Cerone, Personal Financial Management Program Manager,  
Family Support Center, 777-4681